

PATIENT VISION AND LIFESTYLE QUESTIONS

Patient Name _____ Date _____

Thank you for selecting our practice for your vision treatment. If you are experiencing blurry vision or just can't see as well as you used to, one possible cause could be a cataract. Cataract is a term used to describe a clouding of the natural lens inside your eye. The only treatment for a cataract is to replace it with a clear artificial lens implant. Today, you have options for lens implants that meet your specific vision needs and can possibly reduce or eliminate your need for glasses in most situations.

An important first step in your cataract treatment is this Lifestyle Questionnaire. This will help us understand what is most important to you. If it has been determined that you have a cataract, we will recommend the lens that best suits your lifestyle and eye health. Please fill out this form completely. We will review it with you during your visit.

1. How interested are you in seeing at a distance (driving, golf, etc.) without glasses after your vision treatment? (Check the box that most applies.)

- It's very important to me NOT to wear glasses for distance vision.
- It's not important to me. I DON'T MIND wearing glasses for distance vision.

2. Are you interested in seeing well up close (reading distance) without glasses after your vision treatment? (Check the box that most applies.)

- It's very important to me NOT to wear glasses to read or see things up close.
- It's not important to me. I DON'T MIND wearing glasses to read or see things up close.

3. If you had to wear glasses after your vision treatment for one of the following activities, which one would you be MOST willing to wear glasses for?

- Reading fine print
- Using a computer or cooking
- Driving a car

4. If you could have good vision for driving during the day without glasses, and good near vision without glasses in most situations, would you be willing to tolerate some halos and glare around lights at night?

- Yes
- No

5. If you could have good distance vision day and night, and good vision for computer work, without glasses, would you be willing to wear glasses for reading fine print and small type?

- Yes
- No

6. In our daily lives there are different things we do that require us to see at different distances. We have grouped some of these vision activities into five Lifestyle Zones (see right). Think about the things in life you want to do MOST without depending on glasses AFTER your vision treatment. Which group of Lifestyle Zones is most important to your lifestyle? (Check one.)

- Zones 1, 2 and 3
- Zones 2, 3 and 4
- Zones 3, 4 and 5

7. Consider your personality. On the scale below, rank your personality by circling the area on the scale that best fits your personality type.



Lifestyle Zone 1 (12-20 in)

- Newsprint
- Phonebook
- Maps
- Sewing

Lifestyle Zone 2 (2-4 ft)

- Headlines
- Computer
- Menus
- Price tags

Lifestyle Zone 3 (6-20 ft)

- Indoors
- TV
- Cooking
- Cleaning

Lifestyle Zone 4 (20-100 ft)

- Daytime-far
- Driving
- Golf
- Road signs

Lifestyle Zone 5 (100+ ft)

- Nighttime-far
- Night driving
- Movies
- Star Gazing